

### **Butterflies in a New Garden**

#### Ms. Shahana, Nursery Educator

On the first day of school, the little blooming flowers of Nursery exhibited their creativity and skill by doing a beautiful butterfly handprint activity. Their happiness knew no bounds as they had a wonderful time playing Sponge Water Transfer too. Take a glance at their very first day of school.





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### First Day at Senior KG

#### Ms. Devi S, Senior KG Educator

The first day and week of school are always a special time. Just because the child's first day of school is online, doesn't mean we can't do something special. Our Senior KG students joined the class with full excitement. They met their new teachers, new friends and started the session with a great smile. The warm-up time boosted their energy, and they watched their favorite clip from Peppa Pig, "George's First Day of School". Later, our little artists created a smiley frame on paper and wrote, "My First day at Senior KG" as their first-day activity.







### **A Colourful New Learning**

#### Ms. Ayesha Feroza, Junior KG Educator

Our Kindergarteners have merrily begun their first day of school online.

Our tiny little tots of Junior Kindergarten enthusiastically joined their first day of class. It was lovely to get to know one another. The children were so happy to meet their new friends and teachers. We enjoyed doing our music and movement routine. All of us together did a fun art activity as well. Our colourful new learning begins, with loads of joy and energy.



### **Brain Break**

#### Ms. PadmapriyaSreeram, CAIE Coordinator

Keeping students motivated to learn is important; a hard-working but tired brain needs a few moments to "recharge" by thinking about something else. Brain breaks are intended to help young minds re-energize and give their brains a boost. Precisely what our tenth graders indulged in this week. As a strategy to tide over wandering minds and drooping eyes, the students brainstormed separately over the broken e~ chessboard pieces. The challenge was to drag the pieces and fit them together to form a chessboard. The learners were completely involved in putting together the board

giving their brain the much-needed mindfulness. Completing the chessboard added to the euphoria and ensured that the students were ready to focus on the lesson at hand.



### Chairman's Address to Our Growing family of Educators

# Ms. Ramani Esther Samuel, CAIE English Educator

A new batch of educators was officially welcomed into the BHISK family on April 1, 2021 through a Teacher's Orientation Programme. The teachers, both old and new, were taken through the school's vision and mission in addition to all the special features of the school. Our Chairperson, Mr. Yasir Nainar addressed the new batch of teachers with an earnest message to teach for passion and not for monetary gain. He reminded the staff that they are in a very noble profession and that they must be sincere in their journey of imparting knowledge to all of their students. Furthermore, he stated that all educators of BHISK will undergo regular observations to improve their teaching style and methodology.



### **Teaching to Learning!**

Decoding the KKEL Methodology: A workshop by Ms. Deidre Gokhle

Ms. Cynthia Rajkumari, Grade 3A Educator

Workshops are designed to help a person develop a new skill set for a better future. The workshop by Ms. Deidre was incredibly insightful and gave us a different perspective on teaching strategies for the new academic year. The workshop was highly interactive as Ms. Deidre ensured that each and every educator had a part. The session covered the types of learning environments, different styles of learning, brain-based learning, Bloom's Taxonomy, and the methodologies of famous Theorists. The workshop was a complete eye-opener as it helped everyone to discover their NorthStar.



#### **Parent Orientation - BHISK**

Mr. Selva Gobin, CAIE Educator

An Orientation Programme was organized for the parents of BHISK from Kindergarten to Grade 8 for the academic Year 2021 – 2022 on April 5, 2021. The parents were welcomed by the respective coordinators and were briefed about the curriculum, prescribed books, co-scholastic activities and guidelines to be followed for the virtual classroom by the class teachers of each grade. The orientation marked the official start of the new academic year and gave parents a chance to get answers to the queries or concerns they had.



### **A Healthy Start**

Ms. Steffi R, Grade 5 Educator

With the start of the brand-new academic year, again on a virtual platform, the students of Grade 5 celebrated World Health Day on April 7. We observe World Health Day to spread awareness among people regarding the importance of a healthy lifestyle. Also, it throws light on the importance of not only physical health but also mental health. We started the academic year by creating an awareness about health. Students learned a few breathing exercises for a healthy lifestyle. They also took an oath to exercise regularly in order to keep fit and healthy.



### **Celebrated Health Through Art**

Mr. Singaravelan, Librarian

Here's a look at the creative work of our artistic Billabongers from Grade 5, who expressed what health means to them through art.





### **World Health Day**

On April 7, the teachers of BHISK highlighted the importance of good health and healthy eating on account of World Health Day.



### A study on Health

Ms. Jalaja Ganesh, CAIE Educator

The students of Grade 9 were given some useful tips on maintaining good health on a daily basis, and did a study on the significance of World Health Day. On April 7 of each year, the World Health Organization chooses to highlight a special theme, current in the wellness and medical world. Ranging from mental health to insurance and everything in between, this day sets the tone for what's to come in the world stage. This year's World Health Day will shine a light on nurses and midwives, the on-the-call, restless workforce that revolutionized the healthcare industry as we know it today.

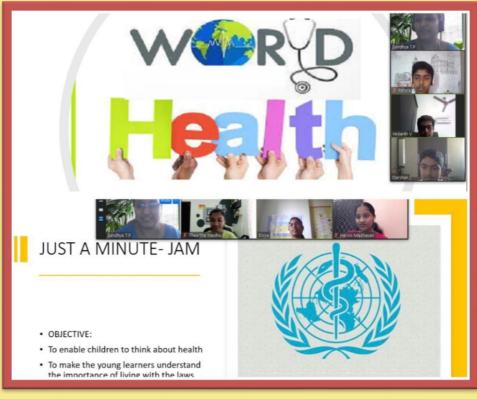


### **Health + Nature = Happiness**

Ms. Sandhya, CBSE Teacher In-Charge

In light of World Health Day on April 7, 2021, the students of grade IX shared their plan of leading a healthy lifestyle during these days as well as their thoughts on the role of physical activities in making children physically fit. The Grade X students were also given topics related to health such as 'The Importance of Fitness' and 'Do you think we need to abide by the rules of nature to be healthy?' The objective of this activity was to enable children to realise the importance of health and to be one with the nature.

The young learners also shared their thoughts in a minute- (JAM) on their practices for a healthy life and their plans for being physically and mentally fit. It was a great delight to children the share understanding on the role of Mental health in maintaining good physical fitness. Our children are practicing Yoga and meditation to have a healthy mind where they are very clear on the concept of connecting with nature. They also engage in activities they are interested in besides exploring their passion to maintain a happy life.



# **Analyze The Activity**

Ms. Sandhya, CBSE Teacher In-Charge

The students of Grade VII were given an activity to draw a globe and a map. The children were asked to share the challenges they faced while doing the activity. The globe was easy to draw whereas there was some difficulty in drawing the map. Thus,



this activity of drawing and analyzing helped the students to connect to the concepts of the difference between a map and a globe, the need for different types of maps, and the elements of maps and scales. When the learners analyzed the challenges, their higher order thinking was stirred. They also started comparing both the globe and the map from their prior understanding. Following this, the need to have different types of maps were cleared with a relevant video. In the end, the concept of maps was of great interest to the children with the conduct of this simple starter activity.

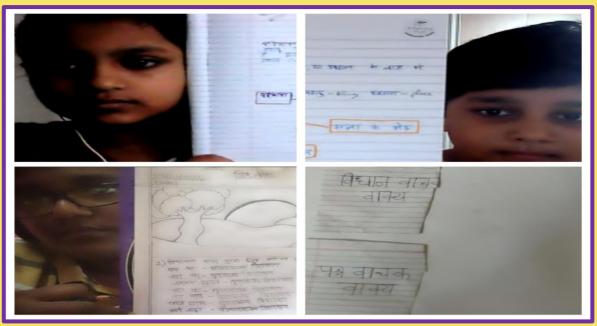
## साभ्यारनपु रराद्व पालकायक्र तिकमिस रलक

Ms. Kalpana Kumari, Hindi Educator

क्तशि णरस्म के ोंत्राछ | ायग ायकि राद्व के पालकायक्रितकिमेंस ालक म्भरआ ाक ओंाक्षक ईन में णक्षशिदहंि यषवि के णरकाव्य एग ढ़ेप में ओंाक्षकीलछपि थतीक चाँजीक

ोंत्राछ के ओं।क्षक न्नभवि । यग ।यारक पालकायक्र तिकमिस ।लक एहु ते।रक तिवृारनपुीक

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### **A Proud Moment for BHISK!**

Tharun. M of Grade 8 has completed all levels in the Brain O' Brain Skill Development Programme. He has received his completion certificate and trophy for the Brain O' Brain Fest 6<sup>th</sup> International Online Abacus Competition.



