



# Cherries

The Official Newsletter of Billabong High International  
School - Kelambakkam

ISSUE 99 • 4 OCTOBER 2020



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## Watermelons !!

### A Nursery Activity

As a part of the theme “At the orchard and Vegetable patch”, our nursery students learned about the different types of fruits and their benefits. Painting is a great way for kids to work on developing fine-motor skills. Children made a paper plate watermelon as a takeaway from the session. They painted the rim of the paper plate

with green paint and the inside using red paint. Once the paint dried, they used their baby finger dipped in black paint to add the seeds. The session became fun-filled as they started pretending to eat the watermelon they made. The fruits song “Gaadi Aayi” made children dance to the beats using actions.



# Bapu's 151st birth anniversary celebrations....

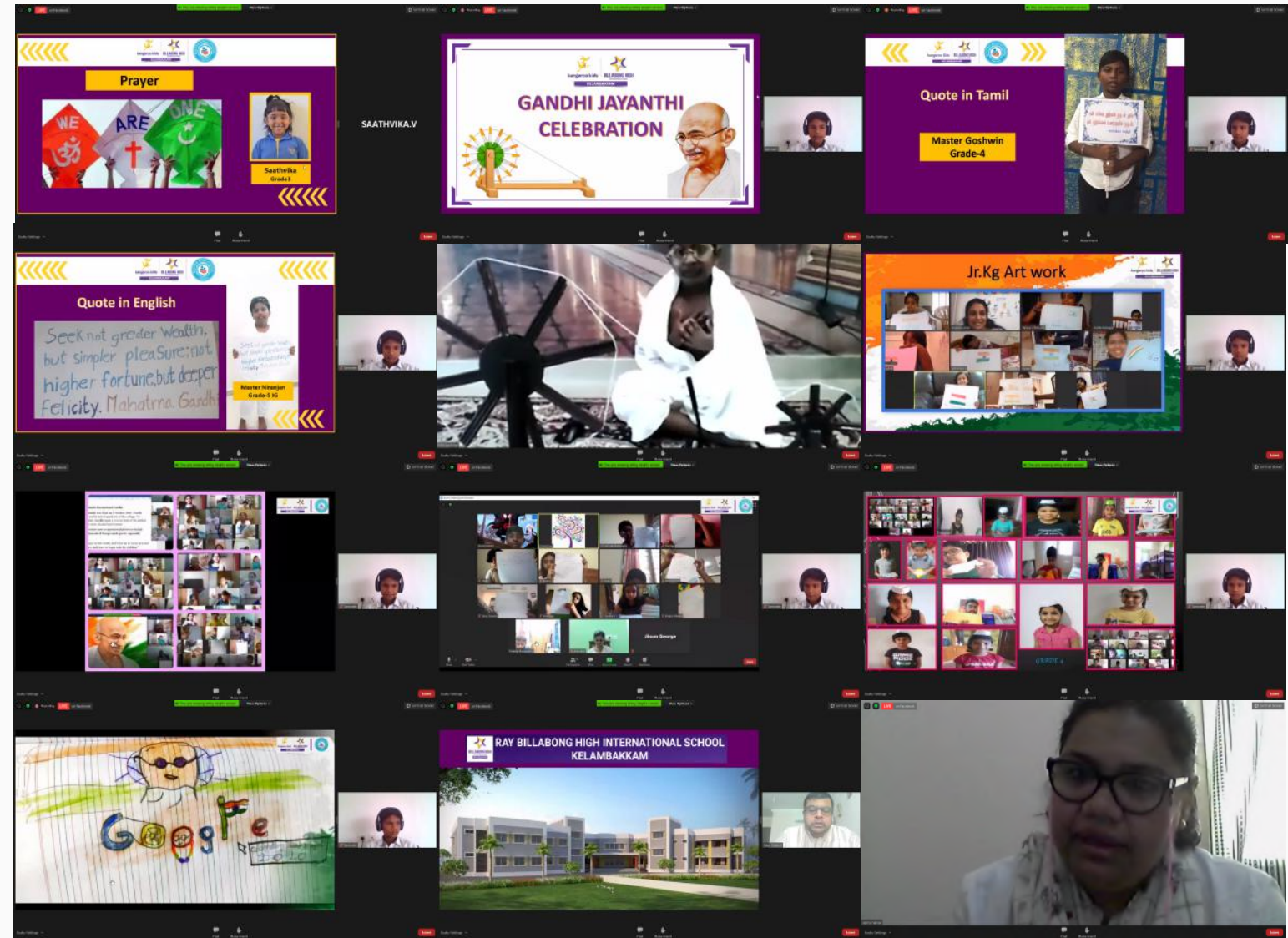
- Ms.Savitha Kodakkat (Primary School Educator)

To commemorate the 151st birth anniversary of our Mahatma Gandhiji, who is fondly known as ‘Bapu’, the Heritage Club and the Social Science department at BHIS-K, joined together to celebrate it virtually. Gandhi Jayanti celebrations were observed throughout the week with patriotic fervor. To revere this day, our shining Billabongers right from the energetic tiny-tots to the vibrant middle schoolers, participated enthusiastically in various activities, from their homes.

Events such as art work-drawing & coloring, calligraphy, cap making, were conducted for kindergarten and Primary. Grade 5 wrote poems remembering the great leader whereas the middle schoolers Doodled on the topic: If Gandhiji was alive today. Educators as well as students, emphasised, and stressed the importance of Swachh Bharat during the virtual sessions.

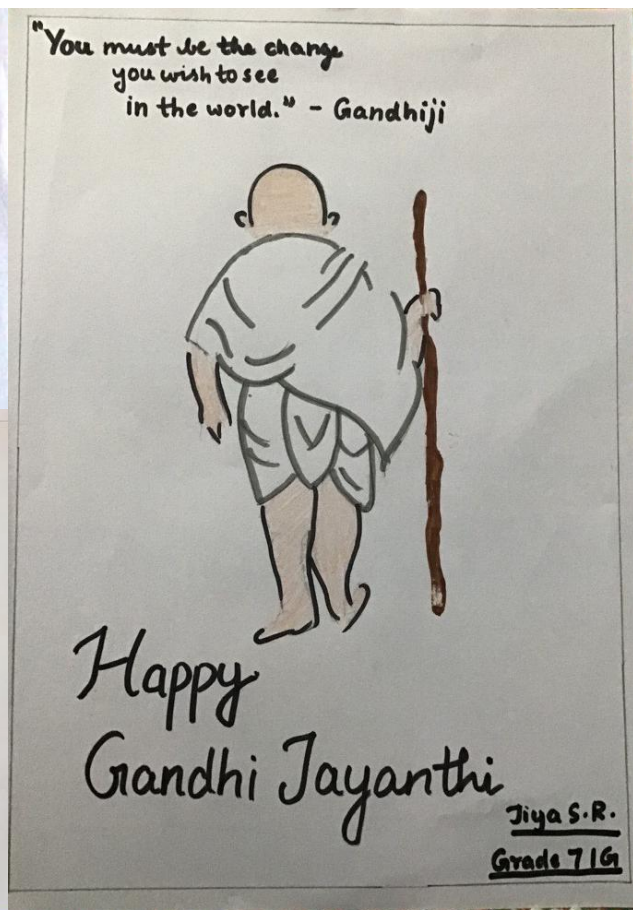
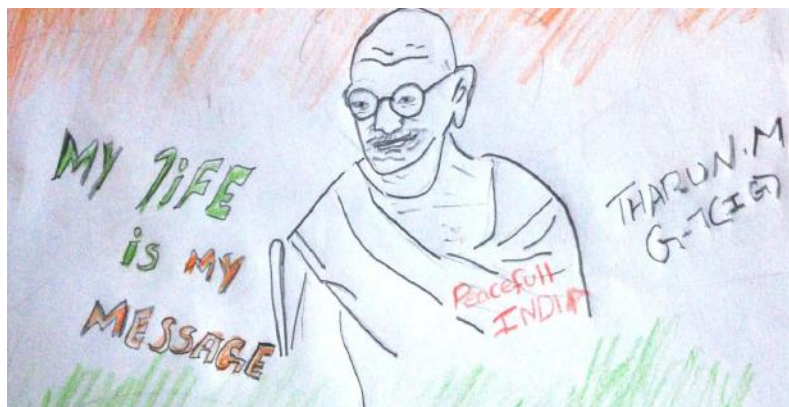
The management, staff, and students made the celebrations more special by organising a live assembly at 9 am on October 2nd. The Virtual celebrations which were moderated by Kenneth De Silva of grade 5 were presided over by the Director of BHIS-K, Yasir Nainar, and the Principal Ms.Asma Nainar. Roleplay as Gandhiji, humming the famous lines ‘Vaishnav janato’ by Moneesh of Grade.4, gave the message to ponder on the need to ‘Be the change’ we seek in today's world as we all are forced to adjust to a new normal.

The Gandhian Quotes, messages on Swachh Bharat by the students, and ‘A walk with Gandhiji’ a timeline presentation on the various events from Gandhiji’s life brought the virtual gathering to reminiscence more about the iconic leader. It was indeed a memorable experience for the educators as well as the students to remember the ideals and values preached by the ‘Father of our Nation’ in a special way amidst the pandemic. It was indeed a great learning experience for everyone who was a part of the event.





# Gandhi Jayanthi - Art Gallery



## Changes around us

### Shiny Shajil (Activities Coordinator)

Observing chemical changes, or when one material combines with one or more other substances to create a new material, is one of the more exciting aspects of science. Our 5th Graders went all about to explore the chemical changes using household chemicals by recreating a virtual lab from their homes. They showed how lime juice when mixed with washing soda fizzed up and also when fruit salt/ Eno, when mixed with vinegar, rose up to form a miniature volcano. These changes were then compared to physical changes which could be reversed like that of water getting converted into ice while freezing and back into water while melting. All this learning and experimentation was done while they sat miles apart yet on one screen during their science class, fascinating, isn't it?





# Strategic Parenting - a Master class for parents and educators - Ms.Neha Ghosh (English Educator)

"What it is like to be a parent: it is one of the hardest things you will ever but in exchange it teaches you the meaning of unconditional love" -- Nicholas Sparks.

Billabong High International School Kelambakkam organised another Parent workshop, on 3rd of October, 2020 where 4S of parenting, was elaborated by Ms.Pooja Saran, who is a body language expert, a master handwriting expert, and a clinical hypnotherapist. We also had Ms.Mou Bera who is the acting principal of Loyola International School, Oasis campus Qatar grace the occasion. Alongside we also had our Chairperson Mr.Yasir Nainar and Principa Ms.Asma Nainar as the panelist. The programme imparted wisdom to every parent and teachers on how to implement the right strategy during parenting and take it to the next level when it is mostly required especially during this time of the pandemic.

The Strategic Parenting

Inside Out Parenting

For Parents and Teachers

By Pooja Saran

SOOTH

Accept - Time it to name it

The Flow

01 Discipline  
The Gods of Discipline

02 The Body Wise  
H&L T

03 The Brain Wise  
Neuroscience behind the behaviour

04 The Mind Wise  
The Mipful  
The 4 Cs  
The 3 Ps  
The 2 Rs  
The 1 A

Putting the puzzle pieces together

The Brain behind the Mind

Upstairs Brain

Downstairs Brain

CONNECT

Being Pro-active -  
Handling Primitive Needs

H A L T

Hungry Angry Lonely Tired

For Both Child and YOURSELF

Time Outs Vs  
Time Ins

Redefine Discipline

PUNITIVE DISCIPLINE

FEAR : Command respect through

RULES : Enforce rules to keep kids quiet and working

CONTROL : Correcting kids when they are doing something wrong

PUBLIC : Using loud, strict voices when kids misbehave

ANGER: Becoming angry and blaming when they misbehave

PUNISHMENT : Good behavior is based on fear of punishment

RESTORATIVE DISCIPLINE

RESPECT : Gain respect by modeling

ENGAGEMENT : Conversation is encouraged so that the WANT to work arises

SUPPORT : Kids reflect on their behavior and consider changes they can make

PRIVATE : Speaking privately in the safe zone

UNDERSTANDING : Using gentle tone & show understanding when the child flips the lid

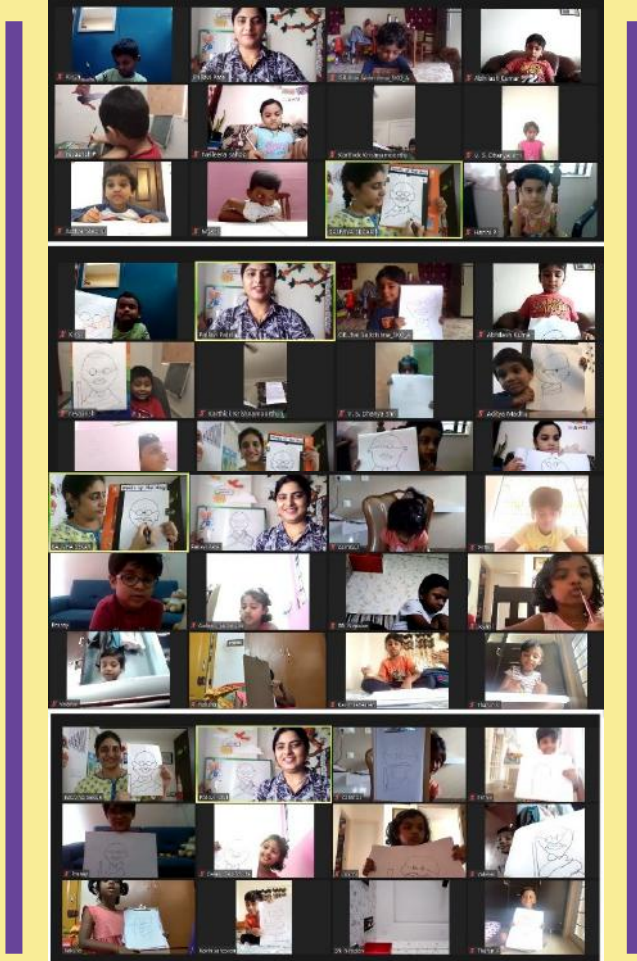
REFLECTION : Good behavior is based on an internal desire to do well

# Gandhi Jayanti Celebration

## by Senior Kindergarten Students

To pay tribute to the Father of our Nation, our Senior Kindergarten Students participated in activities on account of Gandhi Jayanti during their online class on 1st October 2020. Master Krish Peterson of Senior KG dressed up like Gandhiji and shared an inspiring message with us. Ms. Neileena Sahoo and Master Prithiv Ashok delivered short speeches about Mahatma Gandhiji in Hindi and English respectively. We all watched

a short video describing the life of Mohandas Karamchand Gandhi, and discussed his principles which helped to unite the whole nation and obtained freedom from the British. And our children enjoyed drawing the portrait of Gandhiji. It was a simple yet meaningful way, we celebrated the Life of Mahatma!



# Fibonacci Circles & Treasure Hunt

## Ms. Padmapriya Sreeram (CAIE Coordinator)

A weeklong break was the perfect opportunity to indulge the artistic and creative juices of our young mathematicians.

The Fibonacci art project for our seventh graders and the treasure hunt by the eighth graders was an attempt to help the young minds see and appreciate the different ways of learning maths.

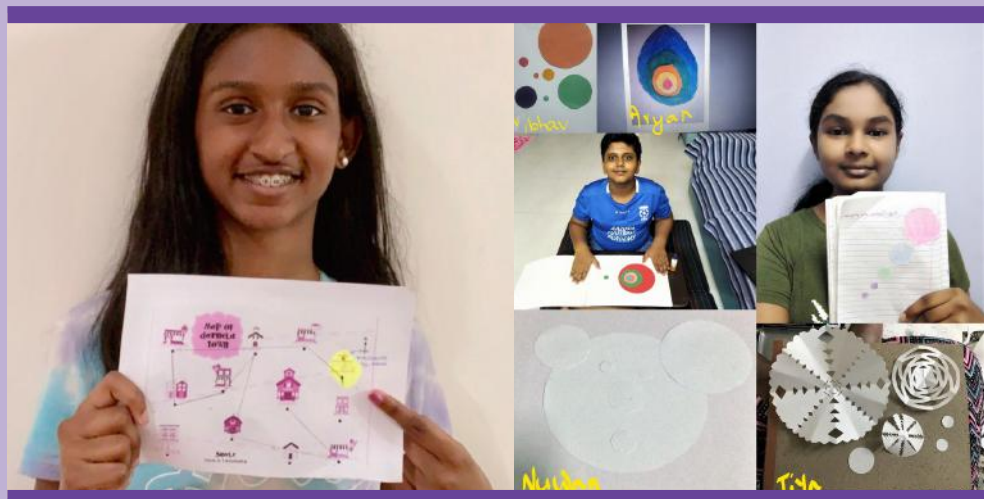
The Fibonacci series is a mathematical sequence of numbers

(1,1,2,3,5,8,...) that represent a wide number of relationships found frequently in nature e.g. seashells, galaxies, ferns, sunflowers, flowers, cauliflower and many more. The sequence is named after the 12th century mathematician, Leonardo Fibonacci.

As part of their understanding of sequences, the seventh graders started by cutting out circles based on the Fibonacci number sequence. Once the circles were cut out, they arranged them in pleasing ways in their art journal. This activity reiterated that math and art are quite intricately linked.

Whilst our seventh graders had art to keep them engaged, our eighth graders went treasure hunting! The students had to use clues and a map provided to work out where the treasure was hidden in a fictitious town. Starting at the marked point, they went about drawing bearings according to mathematical instructions given to find the treasure. And imagine the whoops and hoots when they finally found the treasure!

Learning math through active engagement is surely a winner !





# Stay safe with safety measures!

**Shampratha.M.R., Grade 5 Student**

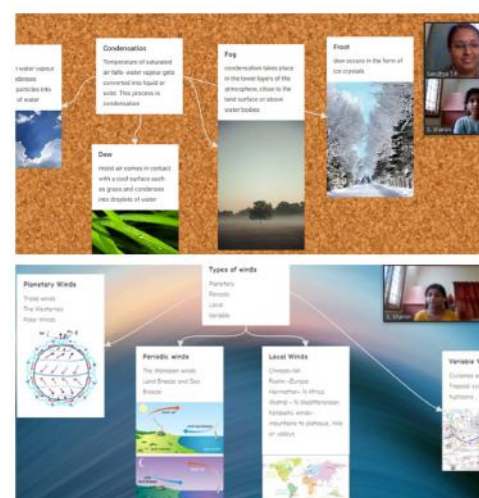
Me!!!! This was our voice out when ma'am asked who wants to come back to school. While learning about the topic changes in our environment, we discussed safety measures, as lockdown now got relaxed again there is a crowd in many places, people forgot about social distancing and to wear a mask. We were taught how to wear a mask whenever we step out of our home, to be an example for others in following safety measures to be safe in this pandemic situation. So remember one thing wearing a mask is not only safe for you but your family too!



# Mind maps with padlet !!

**Ms. Sandya ( CBSE Middle school In-charge)**

The relevance of mind maps in reaching the topic in the simplest way is known to all. Padlet was used to make the mind map for grade VII. This also included the option for inserting pictures that made the Social Science topic of winds, humidity, and condensation quite simple for the learner of grade VII. This was quite interesting for the teacher as well. The simplest form of a presentation covering all the important topics supported with relevant pictures was the feature of this mind map. The images seen can be directly inserted with the option given in the padlet. And if required the same image can be clicked to show a zoomed version and explain the details for better clarity for the learners.



# A Quiz on India's Heritage

**- By the Heritage Club**

1. Identify this great person who changed the face of Indian independence struggle.

- a. Vinobha Bhave
- b. Mahatma Gandhi
- c. Sardar Vallabhai Patel
- d. Khan Abdul Khafar Khan



2. Who introduced this coin which was widely known as Rupia

- a. Akbar
- b. Alauddin Khalji
- c. Shershah Suri
- d. Firoz Shah Thuglaq



3. The Nature park which holds the world's largest bird sculpture.

- a. Jadayu Earth Centre
- b. Anna Zoological Park
- c. Parambikulam National Park
- d. Ranthambore National Park



4. She is the first woman doctor of India.

- a. Dr. Kadambini Ganguly
- b. Dr. Anandibai Gopalrao Joshi
- c. Dr. Rukmabai
- d. Dr. Muthulakshmi Reddi

5. This type of painting is unique to West Bengal.

- a. Miniature Painting
- b. Pata Chitra/ Scroll Painting
- c. Mural Painting
- d. Modern Art



- 5. Pata Chitra/ Scroll Painting
- 4. Dr. Anandibai Gopalrao Joshi
- 3. Jadayu Earth Centre
- 2. Shershah Suri
- 1. Mahatma Gandhi

ANSWERS: